
Clifton Primary School
Clifton Primary School
Welcome to
Southall
Your guide to living, learning and exploring our community
Welcome
स्वागत है
خوش آمدید
Bienvenido
Soo dhowow
ਜੀ ਆਇਆਂ ਨੂੰ
Mirë se vjen
স্বাগতম
Bienvenue
خوش آمدید
PUNJABI SWEETS
SOUTHALL
FOOD CENTRE
SARI CENTRE
KHALSA
Southall

Welcome to Southall! 👋

We are happy you are here!

Southall is a community where people from many different countries, cultures and backgrounds live together.

Moving to a new area or a new country can be exciting. It can also feel difficult, especially if you are learning English.

This guide is here to help you and your family.

📖 How to use this guide

Inside, you will find information about:

- 🩺 **Health** – Doctors, dentists and pharmacies
- ❤️ **Family support** – Help with food, money and housing
- 📚 **Learning** – Schools, libraries and English classes
- 🌳 **Things to do** – Parks, activities and free places to visit
- 🚌 **Travel** – Getting around Southall and London

🌍 Need help reading English?

You can use Google Translate to read this guide in your own language.

You can also ask someone at Clifton Primary School for help.

We are here to help you and your family feel at home.

Created with care by Clifton Primary School.

🎓 Education in England

Children in England can go to school for free.

Children usually join a class based on their age. The school year starts in September and ends in July.

🏫 Which class will my child join?

Age	School year
3–4	Nursery
4–5	Reception
5–6	Year 1
6–7	Year 2
7–8	Year 3
8–9	Year 4
9–10	Year 5
10–11	Year 6
11–16	Secondary school (Years 7–11)

Your child's year group depends on their age on 31 August.

📅 Going to school

- **Ages 3–4:** Nursery is optional. Free funded places may be available.
- **Ages 4–5:** Most children start Reception in September.
- **Ages 5–16:** Children must receive a suitable education.
- **Ages 16–18:** Young people must continue in education or training.

📝 Applying for a school place

Starting Reception? Apply through your local council. The usual deadline is 15 January.

Moving to secondary school? Apply when your child is in Year 6. The usual deadline is 31 October.

New to the area? You can apply for a school place during the school year.

🌐 **School admissions:** www.ealing.gov.uk/admissions

Need help applying? Ask at the school office.

🩺 Healthcare in England

The NHS (National Health Service) helps you and your family stay healthy.

🏥 Where can I get help?

🩺 **GP/Doctor** Illness and health concerns Register your family with a local GP.	💊 **Pharmacy** Medicine and advice You can ask a pharmacist for help without seeing a doctor.
🦷 **Dentist** Teeth and toothache NHS dental treatment is free for children under 18.	📞 **NHS 111** Urgent medical advice Call 111 if you need urgent medical help but it is not life-threatening. Free to call, day or night.

🚑
999 - EMERGENCY
Call 999 for a serious, life-threatening emergency.
For example, someone is unconscious or cannot breathe.

Local GP Surgeries	Local Pharmacies
Norwood Road Branch, The Southall Medical Centre - 020 8571 2182 70 Norwood Road, Southall, Middlesex, UB2 4EY	Gill Pharmacy 79 Norwood Road, Southall, Middlesex, UB2 4EA
Welcome Practice - 020 8574 1822 70-70A Norwood Road, Southall, Middlesex, UB2 4EY	Gabha Pharmacy 57 King Street, Southall, Middlesex, UB2 4DQ
Hammond Road Surgery - 020 8574 5057 95 Hammond Road, Southall, Middlesex, UB2 4EH	Gill Pharmacy 31-33 King Street, Southall, Middlesex, UB2 4DG
Belmont Medical Centre - 020 8893 5515 18-20 Western Road, Southall, Middlesex, UB2 5DU	Puri Chemists 39 Weston Road, Southall, Middlesex, UB2 5HE
Featherstone Road Health Centre - 020 3405 7750 Hartington Road, Southall, Middlesex, UB2 5BQ	Fountain Pharmacy 43 Featherstone Rd, Southall, Middlesex, UB2 5AB

📝 **Registering with a GP**
Everyone in England can register with a GP for free.
You do not need ID, proof of address or immigration documents.
Ask for an interpreter if you need help speaking English.

Find a GP	Find a Dentist

❤️ Family Support

Everyone needs help sometimes.

If you need support with food, money, housing or your family's wellbeing, there are people and organisations who can help.

You do not have to manage everything alone.

🥫 **Food** Help with food and meals for your family. Ealing Foodbank Free emergency food for families who need help. The school can arrange a referral. The Felix Project Weekly food collections at Clifton Primary School. Families can ask to be added to the collection list. Contact the school office for either service.	💷 **Money** Advice about benefits, bills and financial worries. Ealing Together Help with bills, food costs and finding support. 📞 020 8825 7170
🏠 **Housing** Help if your home is unsafe or you might lose it. Ealing Council Help if you have nowhere to live or may lose your home. 📞 020 8825 8888	💚 **Wellbeing** Someone to talk to when life feels difficult. Your GP or school Feeling worried, lonely or upset? Speak to your GP or ask the school for help.

📞 Ealing Advice Service

Free advice about money, benefits, housing and immigration.

020 8579 8429

www.ealingadvice.org

🏠💷 Free Family Advice – Havelock Family Centre

Free drop-in advice about housing, benefits, debt and money worries. Get help with bills, avoiding eviction and managing debt.

📍 Havelock Family Centre

📅 Wednesdays, 10am–12:30pm

Advice provided by Ealing Law Centre and Nucleus Legal Advice.

📚 Libraries and Children's Centres

Free places to learn, play and meet people!

Libraries are for everyone. You can borrow books, use computers and find activities for your family.

Children's centres offer play activities and support for parents with young children.

📚Southall Library

Borrow books, use computers and free internet, and enjoy activities for children.

📍 Address: Dominion Centre, 112 The Green, Southall, UB2 4BQ

📞 Telephone: 020 8825 6540

🧸Havelock Children's Centre

Play activities for babies and young children, and advice and support for parents.

📍 Address: Havelock Community Centre, Trubshaw Road, Southall, UB2 4XW

📞 Telephone: 020 8571 1219

Ask the centre about current activities and times.

Library Information	Children's Centre Activities

🌳 Parks & Activities in Southall

Free places to play, explore and enjoy time together!

Southall has lovely parks, playgrounds and green spaces for families to enjoy.

🛝 Southall Recreation Ground

A large park with a children's playground, football and cricket areas, and space to run and play.

📍 Recreation Road / The Common, Southall

FREE to visit

🌳 Southall Park

A lovely green space with a playground, sports areas and places to relax or have a picnic.

📍 Uxbridge Road / Green Drive, Southall

FREE to visit

🌷 Manor House Grounds

A peaceful garden in the centre of Southall. Enjoy a walk, see the historic Manor House and explore nature.

📍 The Green, Southall, UB2 4BJ

FREE to visit

🚲 Glade Lane Canalside Park

A park with a playground, BMX track and space for outdoor games. Enjoy nature near the Grand Union Canal.

📍 Glade Lane / Windmill Lane, Southall

FREE to visit

🚶 More free things to do

Take a family walk along the Grand Union Canal, enjoy a picnic or look for birds and wildlife.

Always supervise children near water.

🏛️ Explore London

Amazing free places to visit with your family!

London has many museums where children can learn, play and discover new things.

🦖Natural History Museum Dinosaurs, animals and nature. 📍 South Kensington 🚆 Southall → Paddington → South Kensington (Circle/District line). Walk to museum. 🎟️ FREE general entry	**🚀Science Museum** Space, science and inventions. 📍 South Kensington 🚆 Same journey as Natural History Museum. 🎟️ FREE general entry
🎨Young V&A Museum Toys, creativity and play. 📍 Bethnal Green 🚆 Southall → Liverpool Street → Bethnal Green (Central line). Walk to museum. 🎟️ FREE general entry	**🌍British Museum** History from around the world. 📍 Bloomsbury 🚆 Elizabeth line: Southall → Tottenham Court Road. Walk to the museum. 🎟️ FREE general entry

More Free Museums	**Plan your Journey**

💚 Museum entry is free, but travel and some activities may cost money. Check before visiting.

📖 Learning English & Finding Work

Learn new skills and find opportunities for work.

🗣️ Learning English (ESOL)

English classes for speaking, reading and writing.

🏫 **Southall Community College**

English classes and other adult courses

Beaconsfield Road, UB1 1DP

📞 020 7565 1200

📚 **Learn Ealing**

Adult learning, English and new skills.

📞 020 8825 5577

💼 Finding Work

Work Ealing

Support with jobs, CVs and employment skills.

📞 020 8825 8486

🌐 www.workealing.com

Southall College	Learn Ealing	Work Ealing
		

Some courses are free. Fees and eligibility depend on your circumstances. You must have permission to work in the UK before starting a job.



Welcome to your new community!

We hope this guide helps you and your family feel at home in Southall.

If you have any questions or need support, please speak to us at Clifton Primary School.

We are here to help.

Clifton Primary School
Aspire to Achieve

Respect · Determination · Care · Unity

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