

Clifton Community News #2

Friday 20th October 2023

Aspire to Achieve

It is that time of the year again where we share with you how well our ex pupils have done in their High School education and which universities they are going on to study at.

University	Area of Study
Kings College, London	Extended Medical Degree Programme
University of Roehampton	Law
Queen Mary University of London	Accountancy
University of Law	Law with Business
Kingston University	Adult Nursing
Brunel University	Biomedical Science (Immunology)
Brunel University	Mathematics and Computing
University of Nottingham	Social Work
Kings College, London	Biochemistry
University of West London	Computer Science
City, University of London	Midwifery
University of Cambridge	Economics
Queen Mary University of London	Aerospace Engineering
Kings College, London	Religion, Philosophy and Ethics

Congratulations to all of ex pupils. We are so proud of you and would welcome to back to Clifton to inspire our current children.

Pedestrian Skills Training

Year 3 were given an exciting opportunity to take part in Pedestrian skills training, provided by the London Borough of Ealing. The children were shown different crossings, why they are used and they were taken out in small groups to cross the roads surrounding the school.

They showed great enthusiasm and wonderful listening skills and demonstrated a good understanding of road safety and paid particular attention to the busy roads, cars and bicycles.

The children thoroughly enjoyed their training and we believe really benefitted from the knowledge that they were provided with and we hope that other children at Clifton will have an opportunity to take part in the future.



Year 4 Visit to a Roman Amphitheatre.

Darwin and Curie class had a visit to the Roman Amphitheatre in the basement of Guildhall in London. It was a fantastic day out for both classes as we were able to learn more information all about our History topic, The Romans.

We explored some different artefacts, spoke about how the Romans lived and also managed to dress up and act out what happened in the Olympic ground during Roman times.

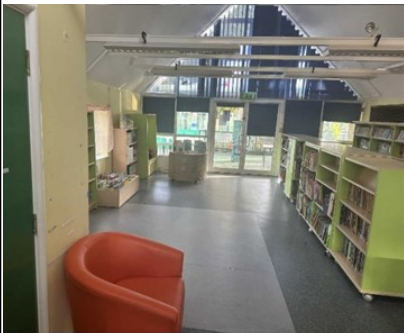
Special thank you to all parents who helped out on the trip!



Clifton Library

At Clifton Primary School, we understand how important reading is for every child. Reading is a priority at our school and we want every child to have as much opportunity as possible to enjoy books.

We are very lucky to have our very own school library. This has just moved to a new, more accessible space downstairs where the nursery used to be, we are so excited to share this with the children! Please see photos of our new space below.



We are excited for our Library Leaders to start their responsibilities in the next few weeks and are looking forward to opening the library during lunchtimes and to Parents/Carers after school so you can enjoy the space with your children after school.

The staff at Clifton Primary School all work really hard to ensure children get many opportunities to explore a wealth of books. Please support us with this by looking after the library books that your child will bring home.

Our library will continue to grow, with new books and lovely artwork. Our library will be a lovely place for our school community and we can't wait to invite families in to share it with us.

Clifton Councillor Elections

After a wonderful few weeks of campaigning and a successful polling day, we have now elected our new Clifton Councillors for 2023-2024. Congratulations to:

Sherline, Salem, Zainab, Hasib, Abobakar, Harnoor, Jayzel and Ismail.

I would like to say a huge thank you to all the children who delivered amazing speeches and created posters to persuade their classmates to vote for them.

The new Clifton Council are looking forward to starting a year of brilliant work for our school and the local community.



EYFS AND KS1 Maths Home Learning



The creators of Times Tables Rock Stars have produced a platform for boosting addition and subtraction skills, called NumBots. This is something we have been using at Clifton for a while now.

Big Difference

NumBots is an online game and playing little and often will significantly improve your child's recall and understanding of number bonds and addition and subtraction facts. These are critical foundations in maths so we are excited by the impact NumBots will have.

Logging In

The children have been shown how to login to access NumBots. They might need some help navigating to the website and entering the details but once they're in, they just need some quiet space to get on with the games for 5 minutes. Please ask your child's teacher if they are struggling to login. Maths Circle (the creators of NumBots) cannot provide username and password information to parents, even during school holidays or out of hours.

Important

Please don't allow siblings, friends or family to answer for them but do support your child if they're stuck.

Little and often

In order to get the best out of NumBots children should regularly play for short bursts.

Game Types

1. Story Mode – the emphasis is on learning the ideas and concepts behind addition and subtraction so it features more diagrams, shapes and question styles.
2. Challenge Mode – the emphasis is more on speed of recall of key facts, like number bonds to 10, doubling small numbers or adding & taking away in your head. Please let your child's teacher know if you have any questions or comments.

Maths.co.uk – Key Stage 2 Home Learning



- ⇒ This year at Clifton we have decided to supplement our existing home learning by introducing Maths.co.uk. This is an online tool for maths.
- ⇒ Teachers at Clifton will set this home learning for their classes in Key Stage 2 (years 3-6). It will be set on a Monday and will be due back the following Monday.
- ⇒ We strongly encourage that you allow the children to complete this home learning independently and regularly on a weekly basis.
- ⇒ If you have any questions regarding this online tool, then please speak to your child's class teacher.



Times Table Rock Stars at Clifton!!!



Having introduced 'Times Table Rockstars' back in 2019, we will continue to promote this this App this academic year. At Clifton, we recognise that one of the fundamental foundation of mathematical learning is being able to know the multiplication facts. Therefore, teachers will continue to set personalised times table's homework on 'Times Table Rockstars' on a weekly basis.

As you may or may not be aware, all year 4 children undertake a multiplication check which will take place in June. Like many schools around the country we want our children to be prepared for this check. For that reason, as a school we are encouraging our children to practice their multiplication on 'Times Table Rockstars'; helping to build their stamina and fluency.

Times Tables Rockstars is available for all pupils from Years 2-6 online via <https://trockstars.com/login> or you can download the app onto your phones and tablets.

The children have their own usernames and passwords so they can access all of the games and work their way up from a Wannabe to a fully-fledged ROCKSTAR with all the best equipment!

This is the best way for your children to learn and practice their times tables, so please encourage your children to use this at home. If you have any questions regarding this, please speak to your child's class teacher.

Please note that home learning will be set each Monday for the following Monday. Therefore, please ensure your child completes this.

DESMOND'S DIARY

Dear Diary,

I have had such an amazing start to the academic year. I am now running my own club, with the help of Mrs Matharu, with a small group of lovely children. In our group we work on taking turns, listening carefully to each other and building up our confidence. After just a few weeks, Miss Corrigan has said she can already see the children are getting so much better at all of these very important skills and qualities. Many of you have asked to join the club, we will change the children working with me so no one misses out.



It was a special occasion for me recently because I turned one! To celebrate, we had a small party at school where I was given many lovely presents—I remembered to say thank you by licking everyone who came to see me that day.

The children in Wonder Room baked me a delicious dog friendly cake and Miss Corrigan (that's what you all call her, I call her human mum) bought me a whole selection of treats.

For my birthday, my human aunty bought me a toy which came in a brown box. My brother, Marley, took it from me and chewed it open! He

got into a lot of trouble for showing unexpected behaviour.



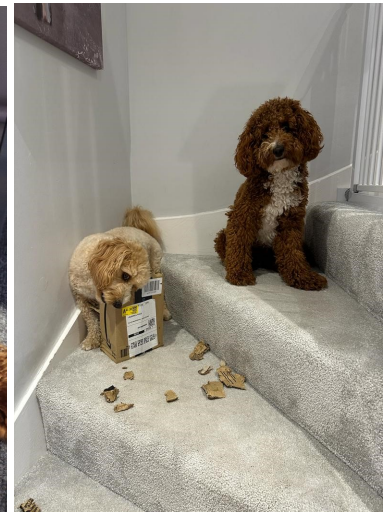
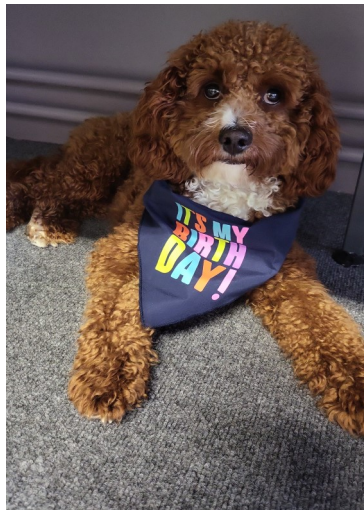
I have almost been at school for a full year now and the time has flown by. I have completed two dog training courses and soon I am going to have an assessment to be accredited as a therapy dog.

You are doing so well at remembering to ask to touch me, keep up the good work!

Have a great half term break and I will see you soon.

Lots of licks,

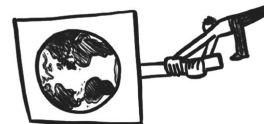
Desmond Bear



Optimistic October 2023

Actions to help you focus on what really matters, take a look at October's Wellbeing Calendar:

Optimistic October 2023



SUNDAY MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY

- | | | | | | | |
|---|---|---|---|---|---|--|
| 1 Write down three things you can look forward to this month | 2 Find something to be optimistic about (even if it's a difficult time) | 3 Take a small step towards a goal that really matters to you | 4 Start your day with the most important thing on your to-do list | 5 Be a realistic optimist. See life as it is, but focus on what's good | 6 Remind yourself that things can change for the better | 7 Look for the good in the people around you today |
| 8 Make some progress on a project or task you have been avoiding | 9 Share an important goal with someone you trust | 10 Take time to reflect on what you have accomplished recently | 11 Avoid blaming yourself or others. Find a helpful way forward | 12 Look out for positive news and reasons to be cheerful today | 13 Ask for help to overcome an obstacle you are facing | 14 Do something constructive to improve a difficult situation |
| 15 Thank yourself for achieving the things you often take for granted | 16 Put down your to-do list and do something fun or uplifting | 17 Take a small step towards a positive change you want to see in society | 18 Set hopeful but realistic goals for the days ahead | 19 Identify one of your positive qualities that will be helpful in the future | 20 Find joy in tackling a task you've put off for some time | 21 Let go of the expectations of others and focus on what matters to you |
| 22 Share a hopeful quote, picture or video with a friend or colleague | 23 Recognise that you have a choice about what to prioritise | 24 Write down three specific things that have gone well recently | 25 You can't do everything! What are your three priorities right now? | 26 Find a new perspective on a problem you face | 27 Be kind to yourself today. Remember, progress takes time | 28 Ask yourself, will this still matter a year from now? |
| 29 Plan a fun or exciting activity to look forward to | 30 Identify three things that give you hope for the future | 31 Set a goal that brings a sense of purpose for the coming month | | | | |



ACTION FOR HAPPINESS

Happier · Kinder · Together

School Website

Our school website has such an extensive amount of information on it which we are constantly adding to. Please take your time to explore what we have available. <https://www.cliftonprimaryschool.com/>

Click the links below to be taken to some of the key pages.

[Curriculum](#)

[Inclusion](#)

[Safeguarding](#)

[Medical](#)

[School Policies](#)

[Mental Health and Wellbeing](#)

[Term Dates](#) (also in this newsletter)

[School Uniform](#)

[School Meals](#)

[Online Safety for Parents/Carers](#)

[Extra Curricular Clubs](#)

[Parent and Carer Events](#)

All of the information on our website can be translated via google translate.



CLIFTON PRIMARY SCHOOL

Select Language ▼

ENHANCED BY Google

SEARCH

LOG IN

Aspire to Achieve

HOME

ABOUT US

KEY INFORMATION

NEWS AND EVENTS

PARENTS/CARERS

PUPILS

Attendance and Punctuality

The first days back really matter!

Good school attendance is one of the main factors in determining your child's future and opportunities in life.

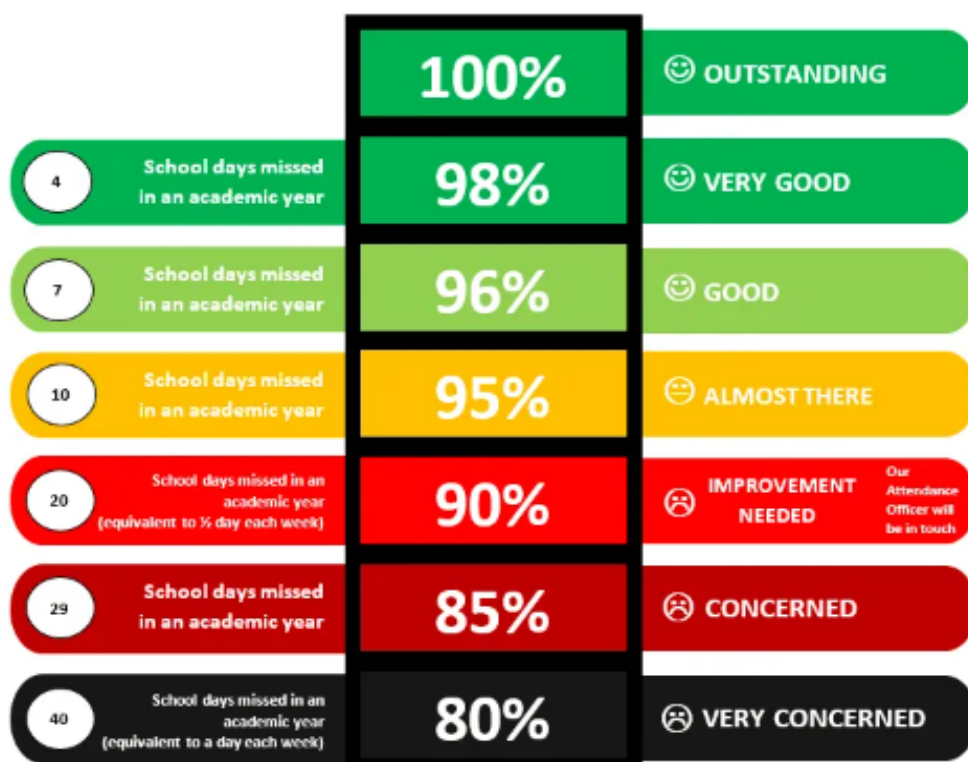
Evidence from a recent report showed that children who miss days 2, 3 and 4 of the new term for unauthorised reasons had a predicted overall absence of almost 45%, or 31 days across the term, compared to children who missed days near the end of term, with a predicted overall absence of 20-30%.

So, we ask all parents/carers to continue the excellent work you do each day to support children to attend from the first day of term.

Pupils should be in school on time, all day, everyday, except when they are too unwell/sick to attend. NHS advises that it is fine to send children to school with minor coughs and colds: [NHS advises](#)

Do NOT take your child out of school to go abroad for an extended holiday or leave of absence during term-time. All unauthorised absences will receive a penalty notice fine from Ealing Council.

Guidance for parents on how to seek support with attendance challenges: [Guidance for parents](#)



Fortnightly Attendance Winners

Every month we will be announcing the class who has had the best attendance over the last four weeks. At the end of a half and full term, the class who has achieved first place the most in their Key Stage will be rewarded with a prize!

Key Stage One

Congratulations to **Tulip** class

Key Stage Two

Congratulations to **Rowling** class

Our whole school attendance (exc Nursery) is currently **94.4%**. Our current target is **95.7%**, this means we are currently below our target. Please keep sending your children to school everyday so we can reach our target!

GOLD AWARD



Tulip
(Year 1)
97.6%

GOLD AWARD



Rowling
(Year 3)
98.4%

Let's aim even higher and give our pupils the best opportunity to achieve their full potential!



Ealing Schools Counselling Partnership

Reconnecting time

Children naturally look to their parents for nurturing and guidance, especially in the current climate we find ourselves in. It is a stressful and anxious time for most people and sometimes we forget to reconnect with our children, asking how they feel or just opening conversation about their day, allowing time to reconnect with each other. Maybe we have forgotten how we feel ourselves, have you had 5 minutes to check in with your feelings today? Take a few breathes, pause, and ask yourself how you are doing today.

How can parents help? Try to spend half an hour of **Special Time**, one-on-one, every day (or as often as you can). This seems so simple that most parents under-estimate the impact. Take it in turns to talk and to listen, maybe engage in an activity that is fun! It does not always have to be just talking, reconnecting is about finding ways to enjoy the time together, it might bring a smile to your face, embrace the fun.

Sometimes we could all do with someone to talk to. If you would like to meet Elita for a confidential and non-judgemental chat about you, your child, or any other worries, she is available on Wednesdays at 9-10am. You can call/text Elita on 07469701260 or email her at elita@schoolscounsellingpartnership.co.uk

Elita Bartholomew
Therapeutic Lead in Schools

Email: elita@schoolscounsellingpartnership@co.uk
Phone: 07469701260

Important Reminders and Messages

Half term holiday: 23rd October - 30th October 2023
School reopens on Monday 30th October, please ensure children arrive on time at 8.40am

*Attendance will be **UNAUTHORISED** for any pupils who are abroad during term-time, these families will receive a fine from the local authority. They may also be taken off of the school roll.*

No Nuts in School

We are trying our hardest to be a nut free school, please do not send your child into school with any nut based product for snacks or packed lunch. This includes products that may contain traces of nuts such as; Nutella and peanut butter. We have children and staff who are severely allergic to nuts and can have adverse reactions if they are exposed to nuts.



Secondary school applications deadline

Children currently in year 6 are due to transfer from primary to high school (year 7) in September 2024. The deadline to apply for secondary school places is 11:59pm on Monday, 31 October.

Applications must be made directly to the council that you are living in at the time of application, regardless of the borough which the school is in. If you live in the London Borough of Ealing, please apply via: <https://www.eadmissions.org.uk/>

The national offer day for on time applicants is **1 March 2024**. If you apply online you will receive an email in the evening on 1 March confirming the school that has been offered.

Individual and sibling photographs

School photographs day for individual and sibling photographs will be taking place on **Monday 20th November**. Please ensure your child is wearing the correct school uniform on this day so they look nice and smart.



GDPR (General Data Protection Regulations)

If you would like to learn more about how we collect, use and store your data please have a look on our [GDPR website](#)

Coming Up at Clifton...

Date	Event
31/10/23	Year 3/4 Sportshall Athletics Competition
1/11/23	Read, Write, Inc Phonics Parent/Carer Workshop - Year 1/2
2/11/23	Bullying Workshop for Parents/Carers All Years
3/11/23	Year 3/4 Southall Boys Football Competition
8/11/23	Year 5 Mandela Class Assembly
9/11/23	Year 5/6 Tag Rugby Competition
9/11/23	Maths Parent/Carer Workshop - Reception, Year 1/2
10/11/23	Year 4 and Year 5 Cinema Trip (Vue, Shepherd's Bush)
15/11/23	Year 5 Mandela Trip to National Portrait Gallery
15/11/23	Reading Parent/Carer Workshop - Year 3/4/5/6
16/11/23	Year 5/6 Girl's Football Competition
20/11/23	Individual and Sibling Photographs
21/11/23	Year 3 Cinema Trip (Cineworld, Hounslow)
22/11/23	Read, Write, Inc Phonics Parent/Carer Workshop - Reception
22/11/23	Year 5 Frank Trip to National Portrait Gallery
23/11/23	Year 2 Cinema Trip (Watermans, Brentford)
23/11/23	Year 4 Darwin Class Assembly
23/11/23	Year 3/4/5/6 Boccia Competition
27/11/23	Girl's Football League Fixture 1
29/11/23	Times Tables Parent/Carer Workshop - Year 3/4
30/11/23	Year 3/4/5 Gymnastics Festival
1/12/23	Trip to see the England Lionesses vs Netherlands at Wembley Stadium
4/12/23	Year 5/6 Boys Football League Fixture 1
6/12/23	Maths Parent/Carer Workshop - Year 3/4/5/6
7/12/23	Year 5/6 Sportshall Athletics Competition
8/12/23	EYFS Christmas Concert
12/12/23	Year 3/4/5 Trip to The Beck Theatre to watch Beauty and the Beast Pantomime
13/12/23 and 14/12/23	KS1 Christmas Production
14/12/23	Year 3/4/5/6 New Aged Kurling Competition
14/12/23	Pupil Progress Meetings (Parent Meetings)

Term Dates 2023-2024

Autumn Term 2023

Monday 4th September – INSET Day (School closed to pupils)

Tuesday 5th September – INSET Day (School closed to pupils)

Wednesday 6th September – Pupils Return to School

Monday 23rd October to Friday 27th October – Half Term

Monday 30th October – Pupils Return to School

Friday 15th December – Last Day of Term

Monday 18th December – Friday 5th January – Christmas Holidays

Monday 18th December – INSET Day (School closed to pupils)

Tuesday 19th December – INSET Day (School closed to pupils)

Wednesday 20th December - Occasional Day (School Closed)

Thursday 21st December - Occasional Day (School Closed)

Spring Term 2024

Monday 8th January – Pupils Return to School

Monday 12th February - Friday 16th February – Half Term

Monday 19th February – INSET Day (School closed to pupils)

Thursday 28th March – Last Day of Term

Friday 29th March - Friday 12th April – Easter Holidays

Summer Term 2024

Monday 15th April – Pupils Return to School

Monday 6th May – Bank Holiday (School Closed)

Monday 27th May to Friday 31st May – Half Term

Monday 3rd June – Pupils Return to School

Friday 26th July – Last Day of Term

Monday 29th July – Occasional Day (School Closed)

Special Educational Needs Information

About the Local Offer

The name 'Local Offer' is used to describe all the services and provision available to children and young people aged 0-25, and families 'locally' who are living with Special Educational Needs and Disability (SEND).

The Local Offer website is a resource to help you understand what is available and how to access services and support.

Ealing's Local Offer includes:

- Early years and childcare
- Links to SEND provision within all schools
- Education, Health & Care (EHC) Assessment & Plan information
- Health and wellbeing
- Specific conditions
- Short breaks
- Money and benefits
- Housing adaptations
- Travel assistance
- Preparing for Adulthood (inc. housing, employment, support)
- SEN Support for Education

<https://www.ealingfamiliesdirectory.org.uk/kb5/ealing/directory/advice.page?id=9RSLmWI34g0&localofferchannelnew=0>

Are you concerned about your child's learning? If so please make an appointment to meet their class teacher to discuss what additional support can be put in place. For some children, they have additional Special Educational Needs which may mean they need teaching to be adapted.

They may need some support from professionals such as Occupational Therapists or Speech and Language Therapists which we can help you with. We have an extensive Inclusion Team at Clifton which is lead by Miss Corrigan.

Please take a look at our Inclusion page to find out more:

<https://www.cliftonprimaryschool.com/inclusion/>



A WHOLE SCHOOL APPROACH

An information leaflet for parents and carers of children who do not have an Education, Health & Care Plan (EHCP)

1

REFERRAL

School refers your child to WLSLT for an opinion on their communication skills.

Your school will provide you with a referral form to complete. This will provide WLSLT with information to help to plan what to do next. We encourage parents/carers to share their views on this form.



2

ASSESSMENT & CONTACT

The SLT will contact you to get further information.

You will be given the date when your child will be seen by the therapist for assessment. You may receive written or verbal feedback from the SLT on the outcome and next steps. **Having an assessment does not mean your child will automatically receive some support.**



3

SUPPORT

Your child may be offered some support. This support can come in many different forms.

Your child may receive some of the following:

- Training and resources for school staff
- Group support (e.g. to help understanding or vocabulary)
- Individual support
- Attend a group led by a school staff member but managed by the SLT



4

FEEDBACK

Your child may be involved in different types of SLT activities and these may change during the year. Parents/carers can arrange to speak to the SLT by contacting the school.



WLSLT works with the school to provide speech and language therapy services across the whole school. It is a service which is purchased by the school and so how time is used will take into consideration the total number of children requiring support and the amount of time available. We do not wish to disappoint any parents/carers who may be expecting a different type of service.

Ealing Speech & Language Therapy Awareness Month

18th Sept – 18th Oct 2023



Scan the QR code to see all the activities, workshops and events on offer!

- Have a question about your child's communication development?
- Feeling a bit worried about your child's communication but not sure who to talk to?
- Keen to speak to a speech and language therapist for some advice or reassurance?

Come along to one of our drop-in sessions!

Bookings may be required so please contact the Children's Centre/ setting directly!

Southall and West Ealing Drop in/advice sessions			
Date	Time	Location	Contact Details
Thursday 9 th November	10-11.30am	Dormers Wells Children's Centre	07719988113 Postcode: UB1 3HX
Tuesday 5 th December	9.15-11.30am	Havelock Children's Centre	020 8843 0548 Postcode: UB2 4XW
Northolt and Greenford Drop in/advice sessions			
Wednesday 20 th September	9.45-11.30am	Horsenden Children's Centre	0208 422 3854 Postcode: UB6 0PB
Tuesday 17 th October	9.30-11.00am	Limetrees Children's centre	020 8845 3807 Postcode: UB5 5LA
Ealing and Acton Drop in/advice sessions			
Tuesday 17 th October	11-1pm	West London Islamic Centre	Phone Sister Aisha to book on: 07988687111 Postcode: W13 0SQ
Wednesday 18 th October	10-11.30am	Acton Park Children's Centre	020 8743 6133 Postcode: W3 7LJ
Monday 4 th December	10-11.30am	Jubilee Children's Centre	020 8997 2338 Postcode: W13 0JF

The drop in sessions are for parents of children who do not yet have a referral to the Speech and Language Therapy service, but who would like to speak to a speech and language therapist. We will be able to access telephone interpreters.

Speech and Language Therapy Team



Hannah Howell-Day



Georgia Maurice



Marwa Sadiq



Fatma Nazimi

We provide a Universal Speech and Language Therapy service for children under 5. We empower families and practitioners to best support their child's communication.

A child might need some support if:

They are **18 months old** or over and not yet using any words

They are **2 years old** and have less than 50 words

They are over **3 years old** and a half and it is difficult to understand what they are saying

They are **2 and a half years old** and not yet putting 2 words together e.g. 'want juice' or 'go park'.

They have been in a **new setting for 6 weeks or longer** and are still not speaking in that setting

Get in touch with us!

07512 716478

Monday - Friday 1-4pm

(we can call back with an interpreter)



ealing.sltheadvice@nhs.net



Facebook SLTEaling



Carmelita House
21-22 The Mall, W5 2PJ



YouTube Ealing Children's Services



Zoom out (Ctrl+Minus)

Workshops and Groups: September – December 2023

Early Start SEND Inclusion Team & Early Start Speech & Language Therapy Team

Online resources

Ealing Speech and Language Therapy Facebook page: www.facebook.com/SLTEaling - contains lots of tips to support communication, storytime videos and more!

Ealing Children's Services YouTube channel: [Ealing Children's Services - YouTube](https://www.youtube.com/channel/UC1m1m1m1m1m1m1m1m1m1m1m) – contains bitesize tips and online workshops on Autism, language development, speech sounds and more!

Ealing Speech and Language Therapy website: <https://www.westlondon.nhs.uk/sl>

BBC Tiny Happy People: [Activities for babies, toddlers and children - BBC Tiny Happy People](https://www.bbc.com/tv-and-radio/tiny-happy-people) – they also have a brilliant Instagram page!

Other useful local organizations

The Early Start SEND Inclusion team: Early Start SEND Inclusion Team offer targeted and specialist support to families of children with additional needs including social communication differences, speech and language difficulties, Autism, Down's Syndrome, hearing loss, vision difficulties and complex health and medical needs. Telephone: 020 8102 5888 Email: earlystartsendworkshops@ealing.gov.uk

The Health Visiting team: 020 8102 5888 for main hub.

Contact: charity supporting families with children with disabilities in Ealing. They offer information and guidance for parents, parenting support groups and more: <https://www.facebook.com/Contact-Ealing-104164327892227/>

Ealing Anchor Foundation: supporting families of children with disabilities in Ealing. They offer outings for families, workshops, play and support sessions and parent/carer evenings for adults. <https://www.facebook.com/profile.php?id=100064496000485>



Facebook

facebook.com/SLTEaling



Raising Awareness of Communication Differences
e.g. selective/situational mutism



What's on in the Community
Find activities or useful services across the borough



Top Tips for Supporting Communication Difficulties
e.g. glue ear



NHS
Ealing Community Partners



YouTube

facebook.com/SLTEaling



Raising Awareness of Communication Differences
e.g. Stammering



Speech and Language Therapy Workshops
In-depth informative videos



Communication Clips
Short advice videos



Ealing Mental Health Support Team



Workshops for parents/carers - Autumn term 2023

Over the Autumn term, Ealing Mental Health Support Team will be running a variety of workshops for parents and carers of children who attend a school in Ealing.

If you would like to sign up to one of our workshops, please do so on the below website or scan the QR code.
<https://forms.gle/EE7eGmXmjSemf2te9>

If you have any questions, please do email us on:
Ealing.mhst@nhs.net



Transitions 12th September 2023 4pm	Introduction to Autism 29th September 2023 4pm	Exam Stress 20th October 2023 4pm	Understanding Behaviour in Children with Additional Needs 27th October 2023 1pm
Student Anxiety 17th November 2023 4pm	Introduction to Autism 24th November 2023 1:30pm	Student Low Mood 1st December 2023 4pm	Understanding Behaviour in Children with Additional Needs 19th December 2023 11am



EALING PARENTING SERVICE AUTUMN '23 WORKSHOP SCHEDULE

Tuesday, 5th September

10am-12pm via MS Teams

Playful Interactions

Explore your inner child as a way of connecting and communicating with children through playful interactions

This session is aimed at all parents/carers

Tuesday, 19th September

10am-12pm via MS Teams

TB Awareness

Information and awareness are key to preventing TB; this session is delivered by NHS professionals and will give details on how to stop TB

This session is aimed at all parents/carers

Tuesday, 26th September

10am-12pm via MS Teams

Building Healthier Relationships Part 1

Your family can enhance your life; this workshop looks at ways to improve communication and keep relationships healthy

This session is aimed at all parents/carers

Tuesday, 3rd October

10am-12pm via MS Teams

Building Healthier Relationships Part 2

Your family can enhance your life; this workshop looks at ways to improve communication and keep relationships healthy

This session is aimed at all parents/carers

Tuesday, 17th October

10am-12pm via MS Teams

Speech and Language

Learn strategies to improve communication with your child and gain helpful advice/tips on supporting your child's speech development and what to do if you have concerns. You will also learn more about the role of speech and language therapy.

This session is aimed at all parents/carers

Tuesday, 7th November

10am-12pm via MS Teams

Tips on Reducing Parental Conflict

This session is for parents/carers who are experiencing conflict in daily life whether you are in a relationship or separated. We offer the opportunity to gain awareness on the impact of conflict, and to learn practical strategies to manage emotions

This session is aimed at all parents/carers

Friday, 17th November

10am-12pm via MS Teams

Understanding Your Teen

This workshop will look at emotional development through adolescence, to help better understand teenage behaviour and enable us to empathise with their experience. The workshop will also discuss mental health and the support available

This session is for parents/carers of young people aged 12-18 years

Tuesday, 21st November

10am-12pm via MS Teams

Separation and Divorce

In this workshop we will look at practical steps parents can take to ease the impact of separation on their children and help them feel safe and secure amid their parents' break up

This session is aimed at all parents/carers

EMAIL PARENTSERVICEADMIN@EALING.GOV.UK TO BOOK YOUR PLACE

Contact Ealing Termly Timetable

contact For families with disabled children

In Contact EALING

September — December 2023

Group Sessions

Contact Ealing Walk & Talks
(Walking & talking together with other parents, as well as Contact Ealing staff & volunteers)

Thursday 21st September Walk & Talk for parents and carers of children with SEND, **Gunnery Park, 10.30am start**, meeting point Popes Lane car park at 10.30am
Please book to attend via this link: <https://forms.office.com/e/IVLmk58fR5>

Monday 16th October — Walk & Talk for parents and carers of children with SEND, **Northala Heights, 10.30am start, meeting point at Northala Fields Car Park (Kensington Road) entrance**
Please book to attend via this link: <https://forms.office.com/e/q4HkQRLrq6>

Thursday 23rd November — Walk & Talk for parents and carers of children with SEND, **Osterley Park, 10.30am start, meeting point at Jersey Road entrance. Please book via this link:** <https://forms.office.com/e/kRke5BzS8S>

Friday 1st December — Walk & Talk for parents and carers of children with SEND, **Walpole Park, 10.30am start, meeting point next to playground, Pitshanger Hut.**
Please book to attend via this link: <https://forms.office.com/e/rqQMCM5M9U>

Our Walk & Talks are supported by Kathryn Rocha, our Volunteer Clinical Psychologist who offers parents the chance to have an informal catch up about a particular question or issue they would like advice on.

Contact Ealing Carers Group

Friday 29th September — Joint workshop with Ealing Mencap on Independent Living Options
Venue: Ealing Carer Centre
Time: 10.30am start

Booking essential via this link: <https://forms.office.com/e/ZY8YtG5ki>

Monday 9th October - Joint session with Ealing SLT and Ealing Anchor as part of the Ealing SLT awareness month on Communication around Toilet Training children with SEND
Venue: Windmill Children centre, Greenford
Time: 10am start
Booking essential via Ealing Anchor: <https://forms.office.com/e/R0S2iNDZ0p>

Friday 13th October Workshop on Money Matters including DLA
Venue: Ealing Central Library, Ealing Broadway Shopping Centre, upstairs meeting room
Time: 10.30am
booking essential via this link: <https://forms.office.com/e/JUsSjUjSgeU>

Thursday 9th November Parental Well-Being workshop
Venue: Ealing Central Library, Ealing Broadway Shopping Centre, upstairs meeting room
Time: 10.30am
booking essential via this link: <https://forms.office.com/e/5SWLGEhjT>

Monday 11th December — Carers Group on Health issues (Asthma and Epilepsy)
Venue: Ealing Central Library meeting room (upstairs), Ealing Broadway Shopping Centre,
Time: 10.30am start.
Booking essential via this link: <https://forms.office.com/e/zZgI.1tnNFg>

contact For families with disabled children

In Contact EALING

Contact Ealing Autism Group
Our support group for parents and carers of children with Autism or social communication difficulties

Monday 25th September — Online parent workshop with Robyn Steward: My life experiences (as an autistic woman)
Venue: online via zoom
Time: 7—8.30pm
booking essential : <https://forms.office.com/e/vhEJnJ4WX4>

Friday 6th October — Joint online session with Ealing SLT as part of the SLT awareness month: how to support your child with social communication
Venue: online via zoom
Time: 10.30am
booking essential: <https://forms.office.com/e/Es1fdRGPIE>

Thursday 12th October — Joint workshop with Ealing SLT as part of the SLT awareness month on Selective Mutism & Speech Anxiety
Venue: Greenfield Children Centre, Southall
Time: 9.30am start
Booking essential: <https://forms.office.com/e/Es1fdRGPIE>

Thursday 16th November—Autism Group Coffee morning at
Venue: Jamaica Blue Coffee Shop, Ealing Broadway Shopping Centre
Time: 10.30am start
Booking essential: <https://forms.office.com/e/UJLPnt4Qh3d>

Tuesday 19th December — Coffee morning for parents of children with PDA / Autism / Demand Avoidance.
Booking essential: <https://forms.office.com/e/RuNUAWiOfi>
Venue: Jamaica Blue Coffee Shop, Ealing Broadway Shopping Centre
Time: 10.30am start

NHS Ealing Community Partners Contact Ealing are proud to support the Ealing Speech & Language Therapy Awareness Month!

Joint Contact Ealing and Ealing Anchor Foundation information sessions for parents of children with SEND, speaking community languages:

Monday 2nd October – Information & Advice session on Money Matters for Arabic, Farsi and Somali speaking parents
Venue: Ealing Project 1 High Street, Ealing W5 5DB
When: 10.30am starting time
Booking link: <https://forms.office.com/e/dJ4zb47DFc>

Thursday 7th December <https://forms.office.com/e/dJ4zb47DFc> Advice session on Money Matters in Ealing for Tamil, Polish and Punjabi speaking parents and carers
Venue: Ealing Project , 1 High Street, Ealing W5 5DB
When: 10.30am starting time
Booking essential: <https://forms.office.com/e/y6i8LpxYxA>

Telephone support in community languages:
At these times parents will be able to ring Contact Ealing on the number listed and get through to a Contact Ealing volunteer speaking their language:

Tamil: Monday 11th September, 10am — 12o'clock
Monday 9th October, 12 — 2pm
Monday 13th November, 10am - 12o'clock

Arabic: Friday 22nd September 10am — 12o'clock
Thursday 12th October 1 — 2.30pm
Friday 17th November 10am — 12o'clock
Thursday 14th December 10am — 12o'clock

Polish: Tuesday 19th September, 12 — 2pm: on 0208 8406870
Thursday 6th October, 10am — 12o'clock : on 0208 8406870
Thursday 2nd November, 10am — 12o'clock: on 0208 8406870
Tuesday 5th December 12 - 2pm: on 0208 8406870

Somali: Thursday 28th September, 10am 12o'clock: on 0208 8406870

contact For families with disabled children

INFORMATION AND ADVICE SESSION MONEY MATTERS
Arabic - Farsi - Somali Speaking Parents and Carers

Venue: Ealing Project 1 High Street, Ealing W5 5DB

Starting Time: 10.30am

To book your place, please use the link or QR code below:
<https://forms.office.com/e/dJ4zb47DFc>

H.S.E.N.A. EALING ANCHOR FOUNDATION Supporting Parents & Carers in Ealing

Our Community Language workshop on Monday 2nd October at 10.30am at the Ealing Project, for Arabic, Farsi and Somali speaking families. Parents can book to attend here:

<https://forms.office.com/e/dJ4zb47DFc>

Your Local Area



QPR WEEKLY SOCCER SCHOOLS

BOTWELL GREEN

QPR Weekly Coaching sessions at Botwell Green Leisure Centre cater for boys and girls aged Year 3 to 8. All abilities welcome. These sessions will allow your child to play loads of football, learn new skills and make lots of friends!

- WHERE?** Botwell Green Leisure Centre, East Avenue, Hayes, UB3 2HW
- WHEN?** Every Monday evening, starting 2nd October. Ends 18th December. 12-week course.
- TIME:** 5.30pm - 7pm
- WHO FOR?** Children in Years 3-8 / Ages 7-13
- PRICE:** £7 per session
£84 for full course (12 weeks)



To find your nearest Soccer School and to book visit <https://qprsoccerschools.sportsfusion.uk/soccerschools>

For more information please call 0208 740 2509 or email soccerschools@qpr.co.uk

QPR in the Community Trust is committed to Safeguarding and protecting children, young people and adults at risk and fully accepts its responsibility for the safety and welfare of all those who engage with the Trust. A copy of our safeguarding policies and procedures can be found on our website and any safeguarding concerns should be passed to the Safeguarding Officer, Lee Sills, E-mail: lee.sills@qpr.co.uk, Tel: 020 3398 7171.



QPR WEEKLY SOCCER SCHOOLS

BOTWELL GREEN

QPR Weekly Coaching sessions at Botwell Green Leisure Centre cater for boys and girls aged Year 1 to 6. All abilities welcome. These sessions will allow your child to play loads of football, learn new skills and make lots of friends!

- WHERE?** Botwell Green Leisure Centre, East Avenue, Hayes, UB3 2HW
- WHEN?** Every Wednesday evening, starting 13th September. Ends 13th December. 13-week course.
- TIME:** 5pm - 6.30pm
- WHO FOR?** Children in Years 1-6 / Ages 5-11
- PRICE:** £7 per session
£91 for full course (13 weeks)



To find your nearest Soccer School and to book visit <https://qprsoccerschools.sportsfusion.uk/soccerschools>

For more information please call 0208 740 2509 or email soccerschools@qpr.co.uk

QPR in the Community Trust is committed to Safeguarding and protecting children, young people and adults at risk and fully accepts its responsibility for the safety and welfare of all those who engage with the Trust. A copy of our safeguarding policies and procedures can be found on our website and any safeguarding concerns should be passed to the Safeguarding Officer, Lee Sills, E-mail: lee.sills@qpr.co.uk, Tel: 020 3398 7171.



AIRPORT BOWL
BAR · ARCADE · RESTAURANT

OCTOBER HALF TERM

2 GAME SPECIAL

KIDS £10 ADULTS £12
per person

EXCLUDING BANK HOLIDAYS
VALID FROM MONDAY 23RD - FRIDAY 27TH OCTOBER 2023. AVAIL. ALL MONDAY - FRIDAY 10AM - 5PM ONLY. CLOSING BANK HOLIDAYS.
UP TO 10 PEOPLE PER BOOKING. ONLY RECEIVABLE WHEN TWO GAMES OF BOWLING PER PERSON ARE PURCHASED. T&Cs APPLY.

FAMILY SPECIAL

ONE HOUR FOR £32

EXCLUDING BANK HOLIDAYS
VALID FROM MONDAY 23RD - FRIDAY 27TH OCTOBER 2023. MONDAY - FRIDAY 10AM TO 5PM ONLY. UP TO 10 PEOPLE PER BOOKING.
MINIMUM OF ONE CHILD PER GROUP OF 10. T&Cs APPLY.

Tel. 0208 759 7246

bookings@airport-bowl.com www.airport-bowl.com

Airport Bowl, Bath Road, Harlington, Middlesex, UB3 5AL

AIRPORTBOWL
 AIRPORTBOWL
 airport_bowl
 airportbowl



**TREASURE
BOXING CLUB**

VRU

MAYOR OF LONDON
VIOLENCE REDUCTION UNIT

- ✓ PROVISION FOR UNDERSERVED GROUPS
- ✓ IMPACT DRIVEN PROJECT
- ✓ SAFE SPACES FOR YOUNG PEOPLE



STRONGER

FUTURES

FREE CLASSES

- TUESDAYS 5PM AFTER SCHOOL CLUB | 8-16 YEARS OLD
- SUNDAYS 11AM MIXED BOXING CLASS | 13-18 YEARS OLD
- SUNDAYS 12PM GIRLS ONLY BOXING | 13-18 YEARS OLD

ADDRESS: TREASURE BOXING SOUTHALL UNIT 7, CRANLEIGH GARDENS INDUSTRIAL
EST, SOUTHALL, MIDDLESEX UB1 2BZ

REGISTRATION REQUIRED: [INFO@TREASUREBOXINGCLUB.COM](mailto:info@treasureboxingclub.com) OR
[SOUTHALL@TREASUREBOXING.COM](mailto:southall@treasureboxing.com) **ENQUIRIES:** 02087982556